Doctor's Note — Clinical Trial Summary

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TRIAL

Resistance Exercise in Patients With Ocular Melanoma

NCT ID: NCT06970236 Phase: NA Sponsor: University of Valencia Status: Recruiting

SUMMARY

Choroidal melanoma (CM) is one of the most common intraocular cancers worldwide. During treatment with episcleral brachytherapy, patients require a week of hospitalization in isolation. The primary aim of this study will be to investigate the effects of resistance training during hospitalization on health-related blood biomarkers in CM patients. Our secondary aim will be to assess changes in physical function tests, quality of life and anxiety and depression. Candidates for this study will be patients undergoing CM treatment at the "Hospital Universitari i Politècnic La Fe" of Valencia.

KEY ELIGIBILITY CRITERIA

- * Adults with Choroidal Melanoma diagnose and treated with plaque brachytherapy undergoing in "Hospital Universitari i Politècnic La Fe" (Valencia).
- * Present a health status that forbids high intensity resistance training.
- * Have any unsteady cardiac illness.
- * Have serious metabolic disorder.
- * Have any important orthopaedic disorder impeding exercise.

ENROLLMENT CONTACT

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Total sites: 1 | 1 currently recruiting

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